

SL BENFICA COERVER® ELITE INTERNATIONAL DEVELOPMENT SQUADS APRIL 2020

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COACHING



SPORT LISBOA E
BENFICA

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Brazil, Scotland, South Africa, Scandinavia, USA, Australia, South Africa, Netherlands, England, Ireland, Mozambique, Lithuania, Hungary, Czech Republic, Portugal, Greece, Belgium, Spain, Tunisia, Bulgaria, France are a few of the countries attended.

■ **Global Network
of Elite Players**

YOUTH FOOTBALL GLOBAL PARTNERSHIP

IN FEBRUARY 2016 COERVER® COACHING SIGNED A YOUTH FOOTBALL GLOBAL PARTNER AGREEMENT WITH SL BENFICA, ONE OF THE WORLDS MOST ADMIRERD AND SUCCESSFUL PROFESSIONAL CLUBS.

THROUGH THIS PARTNERSHIP, SELECTED PLAYERS HAVE THE OPPORTUNITY TO BE FULLY INTEGRATED INTO THE BENFICA ACADEMY FOR A ONE-MONTH ELITE PLAYER TRAINING PROGRAM.

COERVER® COACHING WILL ALSO COLLABORATE WITH BENFICA ON PROJECTS TO IMPROVE THE FOOTBALL EXPERIENCE OF YOUNG PLAYERS WORLDWIDE.

ON A DAILY BASIS THE PLAYERS GET THE FULL BENFICA ACADEMY EXPERIENCE AND PLAY UP TO 8 MATCHES AGAINST TOP CLASS OPPONENTS.

THE PLAYERS ARE HANDLED EVERY DAY BY THE CLUB'S ACADEMY COACHES AND THE BENFICA LAB TO HELP PROVIDE A TRUE GAUGE OF WHERE THEY ARE AT IN THEIR DEVELOPMENT.

"THE SIGNING OF THIS AGREEMENT WITH COERVER® COACHING WILL ALLOW BENFICA TO BRING A TOP COACHING METHODOLOGY TO FURTHER DEVELOP OUR CLUB ACADEMY, AND TO BRING COERVER® PLAYERS TO BE INSPIRED AND FURTHER DEVELOPED AT OUR CLUB."

NUNO GOMES, FORMER DIRECTOR GENERAL OF DEVELOPMENT AND TRAINING AT BENFICA



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PATHWAY TO AMBITIONS

FOR EXCEPTIONAL PLAYERS
HAVE YOU GOT WHAT IT TAKES?

*Here to Create Opportunities
Since 2015 with our Global
Partners*



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March 29th to 26th 2020

Four weeks

SQUADS PLAYERS BORN : 2006s/2005s/2004s/2003s

Note player can arrive 28th to work with flights if required



- 14 NIGHTS ACCOMMODATION(2weeks) October /28 NIGHTS ACCOMMODATION (4weeks) April
- RESIDENTIAL PROGRAM IN OUR 4 STAR HOTEL
- UP TO 22 HOURS PER WEEK COACHING & GAMES, and WORKSHOPS WITH BENFICA ACADEMY FOOTBALL COACHING STAFF
- SUPERVISED STUDY TIME
- UP TO 8 COMPETITIVE MATCHES AND MINIMUM 1 GAME VS BENFICA ACADEMY
- LANGUAGE LESSONS PORTUGUESE/ ENGLISH
- EDUCATIONAL TUTOR SUPPORT WEEKLY
- BENFICA LAB TESTING AND INJURY PREVENTION
- EXCURSIONS, FOOTLAB,
- EXCLUSIVE ADIDAS TRAVEL AND TRAINING KIT
- PERSONAL EVALUATION with INDIVIDUAL DEVELOPMENT ADVICE
- CLOSING CEREMONY
- TICKETS TO HOME GAMES
- STADIUM /MUSEUM TOUR
- EVENING ACTIVITIES
- FULL-BOARD MEALS
- PRIVATE DAILY COACH TRANSFERS AND AIRPORT TRANSFERS
- IN HOUSE 5S CUP COMPETITION
- 24/7 SUPERVISION AND PHYSIO

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- **THE INTERNATIONAL ELITE DEVELOPMENT PROGRAM PROVIDES UP TO 20 ELITE-LEVEL PLAYERS PER SQUAD, AGES 13-18 , FROM AROUND THE WORLD**
- **THE UNIQUE OPPORTUNITY TO BE TOTALLY IMMERSSED IN THE WORLD RENOWNED BENFICA ACADEMY PROGRAM WITH FULL PLAYER SUPERVISION FROM ARRIVAL TO DEPARTURE. PLAYERS WILL FORM WHAT BECOMES THE 9TH AND 10TH YOUTH SQUADS AT THE ACADEMY FOR ONE WHOLE MONTH ONLY.**
- **STAFF INCLUDES COACHES THAT TAKE THE BENFICA COMPETITION YOUTH TEAMS AT U12 UP TO U17 AND THE FULL SUPPORT OF THE BENFICA WORLD RENOWNED LAB.**
- **TOP CLASS FOOTBALL TRAINING . FULL TRAINING SCHEDULE AND GAMES PROGRAM· PLAYERS WILL RECEIVE DETAILED REPORTS FROM THE BENFICA LAB.**
- **LANGUAGE/CULTURAL EDUCATION · TUTORIAL SUPPORT FROM THE EXISTING BENFICA EDUCATION AND WELFARE DEPARTMENT. · PORTUGUESE OR ENGLISH LANGUAGE CLASSES 2 OR 3 TIMES PER WEEK. · STRICT ALLOCATED STUDY TIME PROGRAM EVERY DAY AND ARE ASKED TO HAVE WORK SET FROM THEIR SCHOOLS.**
- **4**** ACCOMODATION · FULL BOARD IN ONE OF THE BEST HOTELS IN THE LISBON REGION. · ALL TRANSFERS BETWEEN THE ACCOMMODATION AND CAIXA FUTEBOL CAMPUS.**
- **EXCELLENT HEALTH AND NUTRITION · MENUS PREPARED UNDER THE SUPERVISION OF SL BENFICA'S DEPARTMENT OF NUTRITION. · MEDICAL/SPORTS INSURANCE. · NUTRITIONAL INTAKE WILL BE MONITORED, WITH A FULL PROGRESS REPORT AT THE END OF THE PROGRAM.**
- **HIGH QUALITY ADIDAS KIT · PARTICIPANTS WILL RECEIVE FOR TRAINING ONLY SL BENFICA TRAINING KIT PROVIDED DAILY BY THE CLUB AND LAUNDERED. · FULL ADIDAS BENFICA/COERVER®TRAVEL KIT AND TEAMWEAR KIT.**

CONNOR PRESLEY

U.S.A

Now Playing in MLS with DC United

“MY TIME SPENT HERE IN EUROPE AT BENFICA ON THE ELITE INTERNATIONAL DEVELOPMENT SQUAD PROGRAM WAS A HUGE LEARNING CURVE AND MASSIVE IMPACT ON MY CAREER. I ALSO LOVE THE WAY THE GAME IS PLAYED IN EUROPE AND I WILL RETURN “

CONNOR PRESLEY -



FRASER MALCOLM

Scotland

OUR FORMER STRIKER
ESTORIL FC U'19s
BORN 2000
PICTURED PLAYING LEAGUE
GAME v SPORTING

- ESTORIL ARE IN THE PORTUGUESE TOP NATIONAL LEAGUE AND OUR SCOTTISH BOY DID WELL. BY SIGNING FOR THEM SEASON 2018/19. DURING OUR 6TH EDITION OF THE ELITE BENFICA ELITE INTERNATIONAL DEVELOPMENT SQUAD.
- IN A SERIES OF 8 GAMES FRASER SCORED 15 GOALS ,
- WHILST PLAYING AGAINST AN ESTORIL SELECT TEAM.. HE WAS INVITED IN FOR A TRIAL AND SIGNED FOR THE U19S IN 2018. PLAYING HIS FIRST PROFESSIONAL SEASON WITH THE LISBON CLUB. PLAYING AGAINST HIS IDOLS BENFICA AND SPORTING IN THE NATIONAL LEAGUE.





CAPTAIN OF OUR 5TH EDITION

TOM LEIGHTON

WATFORD FC & Northern

Ireland

BORN 2000

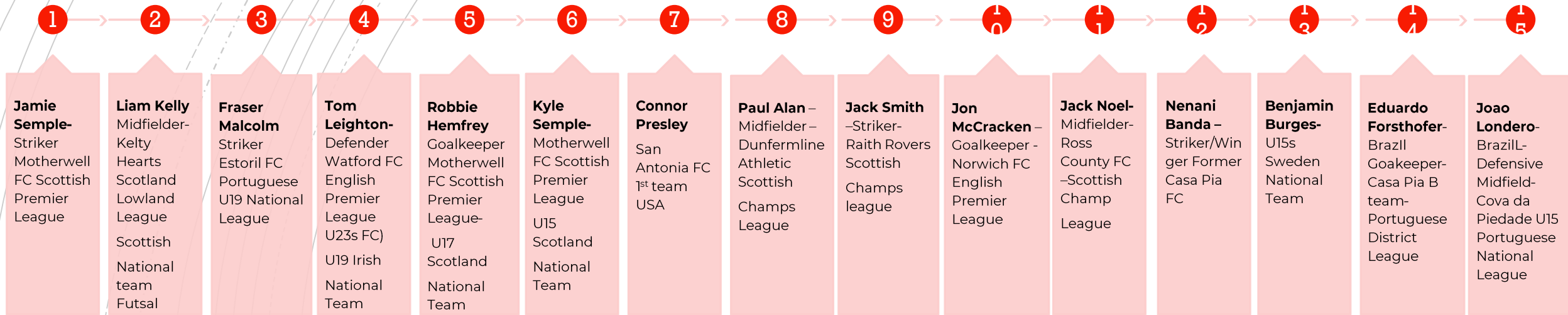
“FOR ONE FORMER MOTHERWELL YOUTH DEFENDER WHO HAS JUST RETURNED FROM A TWO-WEEK TRIAL AT BENFICA, BURKE’S £13M MOVE FROM NOTTINGHAM FOREST TO RED BULL LEIPZIG IN THE BUNDESLIGA, SERVES AS A REMINDER OF WHAT COULD HAVE BEEN AND WHAT MIGHT STILL BE.

ELEVEN DAYS INTO HIS TIME WITH THE PORTUGUESE GIANTS, TOM LEIGHTON’S WORLD WAS TURNED UPSIDE DOWN WHEN HE OVEREXTENDED HIS GROIN DURING A TRAINING SESSION AT BENFICA’S TRAINING FACILITY AND HIS TRIAL PERIOD CAME TO A PREMATURE END. A LEGENDARY FORMER BENFICA STRIKER WAS ON HAND TO OFFER REASSURANCE TO LEIGHTON, WHO HAS NOW HAD THREE TRIPS TO THE CLUB’S CAIXA FUTEBOL CAMPUS NEAR LISBON.”

TOM LEIGHTON WATFORD FC U23s ENGLISH PREMIER LEAGUE. NORTHERN IRELAND U19 INTERNATIONALIST

“TOM WAS CAPTAIN OF OUR 5TH AND 6TH EDITION SQUAD AND TRAINED AND PLAYED AS PART OF ELITE INTERNATIONAL DEVELOPMENT SQUAD. IT WAS DURING THIS TIME HE WAS ASKED BY BENFICA TO RETURN FOR A 1 WEEK PERIOD TO TRIAL AT THE CLUB. TOM RETURNED IN MAY OF 2017 AND IMPRESSED THE COACHES AGAIN, HOWEVER UNFORTUNATELY PICKED UP AN INJURY, WHERE ON HIS RETURN WAS PICKED UP BY WATFORD FC IN THE ENGLISH PREMIER LEAGUE AND RECENTLY WAS CAPED FOR NORTHERN IRELAND U19s.” GORDON CRAIG

OUR HALL OF FAME YOUNG PRO PLAYER GRADUATES HAVE YOU GOT WHAT IT TAKES ?



PATHWAY TO AMBITIONS



THE STATE OF ART FACILITY CAIXA FUTEBOL CAMPUS

CAIXA FUTEBOL CAMPUS WAS FOUNDED IN 2006. IN 2014/15, IT WAS THE CLUB WITH THE MOST INTERNATIONAL PLAYERS IN YOUTH TEAMS .

18 YOUTH PLAYERS WERE INTEGRATED IN THE B TEAM OF BENFICA'S PROFESSIONAL FOOTBALL. VOTED BEST ACADEMY IN THE WORLD IN 2015.

CAIXA FUTEBOL CAMPUS PROVIDING ALL THE NEEDS OF AN ELITE CLUB, SL BENFICA'S CAIXA FUTEBOL CAMPUS WILL BE AT YOUR DISPOSAL

- · 9 FOOTBALL FIELDS
- · 62 BEDROOMS
- · 16 DRESSING ROOMS
- · 2 AUDITORIUMS
- · 2 GYMNASIUMS
- · 1 CONFERENCE ROOM
- · 1 DINING ROOM
- · 1 LOUNGE (WITH INTERNET AND GAMES)
- · TECHNICAL AND MEDICAL OFFICE

**BENFICA
ACADEMY-
CAIXA FUTEBOL**

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ACADEMY STAFF & COACHES

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- **BENFICA CO-ORDINATOR: JORGE CORDEIRO, BENFICA ACADEMY INDIVIDUAL DEVELOPMENT COACH (U13-U19) FORMER PLAYER AT SL BENFICA FROM 1991 TILL 2001 U23 ASSISTANT COACH.**
- 45 INTERNATIONAL CAPS IN YOUTH – EUROPEAN CHAMPION U16 AND VICE EUROPEAN CHAMPION U18 COACH AND ADVISOR IN BENFICA INTERNATIONAL PROGRAMS.
- **VASCO BESSA MONTEIRO: TECHNICAL COORDINATOR INTERNATIONAL AREA YOUTH FOOTBALL: SL BENFICA U-16 COACH AND U-19 ANALYST**
- CF “BELENENESES” U-15; U-16 and U-19 COACH
- MASTER DEGREE IN SPORTS TRAINING-FOOTBALL
- UEFA “B” COACH
- CHAMPION IN SEVERAL INTERNATIONAL TOURNEMENTS AND CHAMPIONSHIP FOR SL BENFICA
- TOP YOUTH ACADEMY COMPETITION COACHES AND SUPPORT STAFF.
- ALL COACHES, PHYSIOS AND SUPPORT STAFF ARE FROM THE YOUTH ACADEMY COMPETITION TEAMS.
- **ON-SITE COERVER® COORDINATOR: GORDON CRAIG: WITH 26 YEARS’ EXPERIENCE WITH COERVER® COACHING, AND MEMBER OF THE CCMEA TECHNICAL COMMITTEE. UEFA B LICENCE-ADVANCED YOUTH & CHILDREN’S LICENCE HOLDER**
- DIRECTOR OF COERVER® SCOTLAND AND COERVER® PORTUGAL, WITH MANY YEARS OF ELITE PLAYER SELECTION AND DEVELOPMENT WITH THE SCOTTISH FA PERFORMANCE DEPARTMENT AND YOUTH NATIONAL TEAMS.
- POST-GRADUATION MASTERS IN HIGH PERFORMANCE FOOTBALL COACHING LISBON UNIVERSITY.



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**HOTEL
ACCOMMODATION**

- LOCATED IN THE HISTORIC VILLAGE OF CAPUCHOS, THIS APARTHOTEL IS 1.9 MILES FROM COSTA DA CAPARICA BEACH. IT HAS AN EXPANSIVE SPA, INDOOR AND OUTDOOR POOLS AND 2 RESTAURANTS. THE HOTEL FEATURES A GOLF COURSE.

- THE MODERN ROOMS AT THE ALDEIA DOS CAPUCHOS GOLF & SPA INCLUDE A BALCONY, CABLE TV AND A TEA/COFFEE MAKER. THE PRIVATE BATHROOMS INCLUDE LUXURIOUS AMENITIES. THERE ARE ALSO APARTMENTS WITH A SEATING AREA AND KITCHEN. SOME ROOMS HAVE OCEAN OR POOL VIEWS. FREE WIFI IS AVAILABLE IN THE ENTIRE HOTEL.





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TRAINING

TECHNICAL
TACTICAL
INJURY PREVENTION
STRENGTH CONDITIONING

- PLAYERS WILL AVERAGE 3,500 MINUTES OF TECHNICAL & TACTICAL TRAINING SESSIONS, WORKSHOPS AND GAMES RELATING TO THE PLAYERS INDIVIDUAL DEVELOPMENT AND THE BENFICA ROLE MODEL.
- INCLUDES A FULL FINAL QUANTITATIVE REPORT IN KEY AREAS SUCH AS INDIVIDUAL TECHNIQUE BOTH OFFENSIVE AND DEFENSIVE, SPECIFIC PRINCIPLES BOTH DEFENSIVE AND OFFENSIVE, PHYSICAL AND PSYCHOLOGICAL ATTRIBUTES.
- PLUS, TECHNICAL TRAINING IN THE 360S SIMULATOR, STRENGTH TRAINING, INJURY PREVENTION, MATCH ANALYSIS, FILMED GAMES, HEALTH NUTRITION DIET PROGRAM, PHYSIOLOGY TESTING, ALL WITH FULL PHYSIO SUPPORT.
- “ALL THIS HELPS US DEVELOP THE STRONGER, FASTER, QUICKER, SMARTER AND MORE SKILFUL PLAYERS.”



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GAMES PROGRAM



- COMPETITIVE MATCHES AGAINST TOP OPPOSITION INCLUDING SL BENFICA U14-U16
- TEAM PREPARED AND COACHED BY THE BENFICA COMPETITION COACHES
- ·LEARN THE BENFICA GAME MODEL AND ·LIVE THE MYSTIQUE ·
- UP TO 8 COMPETITIVE GAMES BOTH HOME AND AWAY ·INCLUDING A MATCH V BENFICA ·
- MATCHES FILMED FOR ANALYSIS AND FOR YOUR PERSONEL PROFILE CV
- STUDY AND LEARN THE BENFICA ·GAME MODEL.

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STUDY & LANGUAGE CLASSES

- PLAYERS WILL HAVE DEDICATED STUDY TIME ALLOCATED EACH TRAINING DAY EITHER AT HOTEL OR ON CAMPUS. IN ADDITION WEEKLY TUTORS WILL BE AVAILABLE TO WORK WITH THE PLAYERS TO SUPPORT THEIR STUDY NEEDS AND HELP WITH ANY HOMEWORK OR STUDY.
- PORTUGUESE AND ENGLISH CLASSES WILL BE ORGANISED TWICE PER WEEK WITH OUR LANGUAGE SCHOOL.



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**INJURY
PREVENTION
&
STRENGTH
CONDITIONING
NUTRITION
24/7 PHYSIO**

- THE BENFICA LAB IS WORLD RENOWNED AND WILL ENSURE PLAYERS ARE FOLLOWING AN INJURY PREVENTION PROGRAM AND WITH OLDER PLAYERS A STRENGTH AND CONDITIONING OPTION.
- THE BENFICA NUTRITIONIST WILL BE MONITORING AND HELPING DESIGN WITH THE HOTEL AND THE ACADEMY CANTEEN ALL THE MEALS FOR THE FULL MONTH.
- 24/7 BENFICA PHYSIO STAYING WITH SQUAD AND BENFICA SPORTS INJURY STAFF AT ACADEMY.

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CULTURE AND VISITS

- INCLUDE OPTIONAL VISIT TO FOOTLAB
- STADIUM AND MUSEUM VISIT
- FIRST TEAM MATCHES AND B TEAM MATCHES
- TRIP TO LISBON AND OR SINTRA
- TRIP TO VISIT THE CITY OF FUTBOL PORTUGUESE NATIONAL TRAINING CENTRE
*subject to availability.
- VISIT TO THE LOCAL BEACHES



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THE LAB

- BENFICA LAB
- FULL EVALUATION REPORT
- MINIMUM 1 BENFICA GAME FILM FOOTAGE FOR YOUR PLAYER PROFILE C.V
- PHYSICAL TESTS
- 360S TRAINING & TESTING (subject to availability)





OPTIONS

LIMITED
PLACES

TO TAKE ADVANTAGE OF THE FULL BENEFITS OF THE DEVELOPMENT PROGRAM WE RECOMMEND DOING THE 4 WEEKS IN APRIL. HOWEVER WE WILL CONSIDER CANDIDATES 2 WEEKS MINIMUM.

COSTS

A SPECIAL SCHOLARSHIP TO ALL GOALKEEPERS
COST 2500 EURO

APRIL 4 WEEKS=4200 EURO

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